

# 2024-25 Personal Training Packages/Rates

## PRIVATE SESSIONS (one-on-one training)

### 1-Hour Options



	Cost Per Session	Package Price (paid in full)	Monthly Payments
6 sessions	\$78	\$468	N/A
13 sessions	\$76	\$988	\$329.33 for 3 months
26 sessions	\$74	\$1,924	\$641.33 for 3 months

### 30-Minute Options



	Cost Per Session	Package Price (paid in full)	Monthly Payments
6 sessions	\$42	\$252	N/A
13 sessions	\$40	\$520	\$173.33 for 3 months
26 sessions	\$38	\$988	\$329.33 for 3 months

## SEMI-PRIVATE SESSIONS (2-person training)

### 1-Hour Options



	Cost Per Session	Cost Per Person	Total Cost for 2 People	Monthly Payment Per Person
6 sessions	\$58	\$348	\$696	N/A
13 sessions	\$56	\$728	\$1,456	\$242.67 for 3 months
26 sessions	\$54	\$1,404	\$2,808	\$468 for 3 months

### 30-Minute Options



	Cost Per Session	Cost Per Person	Total Cost for 2 People	Monthly Payment Per Person
6 sessions	\$32	\$192	\$384	N/A
13 sessions	\$30	\$390	\$780	\$130 for 3 months
26 sessions	\$28	\$728	\$1,456	\$242.67 for 3 months

## SMALL GROUP PERSONAL TRAINING (3+ people)

### 1-Hour Options



	Cost Per Person	Total Cost per Person	Monthly Payment
4 sessions	\$32	\$128	N/A
10 sessions	\$32	\$320	N/A

## NEW MEMBER INTRODUCTORY PRIVATE PACKAGE

### 30-Minute Option



	Cost Per Session	Package Price (paid in full)	Monthly Payments
4 sessions	\$32	\$128	N/A

- All payments are due at the beginning of contract and payments thereafter on the 3rd of the month
- Packages cannot be combined
- For more information regarding Personal Training/Pilates Services, please contact Manager of Training at 678.812.3692
- All training sessions/packages will expire one year from date of purchase
- There are no refunds for unused Personal Training/Pilates sessions
- Twenty-four (24) hour notice is required for all cancellations or client will be charged for the training session